# The Commonwealth of Massachusetts

#### **Division of Professional Licensure**

Board of Allied Mental Health and Human Services Professions 239 Causeway Street Boston, MA 02114

## APPLICATION INFORMATION FOR LICENSURE AS A MENTAL HEALTH COUNSELOR

Prior to completing the application, it is strongly recommended that all applicants obtain a copy of 262 CMR from the State Bookstore, Room 116, State House, Boston, MA 02133, (617) 727-2834, or online <a href="http://www.mass.gov/reg/boards/mh">http://www.mass.gov/reg/boards/mh</a>> and verify that all educational, exam, and supervision requirements are met. It is also recommended that applicants maintain a copy of their application for their records.

All applicants must pass the National Clinical Mental Health Examination (NCMHCE) in order to become licensed. Enclosed with this application are necessary registration materials to sit for the exam. If you have already passed the exam, submit an official score report with your application.

There is a non-refundable application fee of \$102, which must be in the form of a check or money order payable to the Commonwealth of Massachusetts. All fees must accompany the completed application.

Prior to submitting an application, please make sure the following information is included:

- 1. A completed application form including a notarized signature (pp. 2-6);
- 2. A completed Post-Master's Clinical Field Experience form (7-8);
- 3. A completed Internship Clinical Field Experience form (9-10);
- 4. A completed Practicum Clinical Field Experience form (11-12);
- 5. Proof of passing the NCMHCE (if you have already taken the exam);
- 6. Official transcript of a qualifying master's degree; and
- 7. A check or money order in the amount of \$102, payable to the Commonwealth of Massachusetts.

Please do not include the following:

- 1. Undergraduate transcripts;
- 2. Letters of reference;
- 3. Continuing Education Certificates

All application materials should be submitted to:

**Board of Allied Mental Health and Human Services Professions** 239 Causeway Street Boston, MA 02114

Should you have any questions about the application process, please contact the Board at 617-727-3080 or via email <susan.e.coco@state.ma.us>



## The Commonwealth of Massachusetts **Division of Professional Licensure**

# Board of Allied Mental Health and Human Services Professions 239 Causeway Street Boston, MA 02114

Please attach recent

2" x 2"

head and shoulder photograph

## MENTAL HEALTH COUNSELOR LICENSURE APPLICATION NON-REFUNDABLE APPLICATION FEE: \$102.00

Name:					
	Last	Firs	t M	liddle	Maiden
Residence	!				
	No.	Street			Apt. No.
	City/Town		State	Zip Code	;
<b>Business:</b>					
	Company Name				
-	Street		•		
-	City/Town		State	Zip Code	;
Date of Bi	rth:	Soc	al Security N	Number	
Telephone	No: Day		Evening		

State	License Number	Issue Date	Curre	ent	Lapsed
A letter of s	 tanding from each st	ate listed must be s	ent to th	e Board sep	arately.
If you answe A. Has any o	RY HISTORY r "Yes" to any of the disciplinary action be ited States or any co	een taken against ye	ou by a l	icensing/cer	tification board locat
B. Are you t		g disciplinary actio	n by a li	censing/cert	ification board locate
licensing/	voluntarily surrend certification board lo on? Yes No				
· ·			<b>C</b>	1 12 4	ha IImitad States on a
•	ever applied for and or foreign jurisdiction	-	iessional	i license in t	ne United States or a
country of E. Have you country of		n? Yes No of a felony or misd n, other than a trafi	emeano	r in the Uni	ted States or any
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country of E. Have you country of \$200 was  lege or Univer Masters  Post-Master	or foreign jurisdiction ever been convicted or foreign jurisdiction assessed? Yes No esity  Second Control of the control	n? Yes No of a felony or misd n, other than a traff o  EDUCATION  Degree	emeano fic violat	r in the Uni	ted States or any ch a fine of less than
country of E. Have you country of \$200 was lege or Univer Masters Post-Master Second Master	or foreign jurisdiction to ever been convicted or foreign jurisdiction assessed? Yes No esity  Second Control Control ter's Degree	n? Yes No of a felony or misd n, other than a traff o  EDUCATION  Degree  S)	emeano fic violat	r in the Uni	ted States or any ch a fine of less than
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country of E. Have you country of \$200 was  lege or Univer Masters Post-Master Second Mast CAGS or oth Doctoral Deg	or foreign jurisdiction ever been convicted or foreign jurisdiction assessed? Yes No esity  Secretary of the content of t	n? Yes No of a felony or misd n, other than a traff o  EDUCATION  Degree  S)	emeano fic violat Year	r in the Uni	ted States or any ch a fine of less than
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# SUPERVISED CLINICAL EXPERIENCE

<b>Practicum Pre-Master's Degree Clinical Ex</b>	<u>perience</u>
Dates of Clinical Experience: From	to
Name and Address of Facility	
Your Title	
Name of Supervisor	Supervisor's Title
Internship Pre-Master's Degree Clinical Ex	perience
Dates of Clinical Experience: From	to
Name and Address of Facility	
Your Title	
Name of Supervisor	Supervisor's Title
Post-Master's Degree Clinical Experience	
Dates of Clinical Experience: From	to
Name and Address of Facility	
Your Title	
Name of Supervisor	Supervisor's Title
Pursuant to G.L. c. 119 s. 51A and G.L. c. 112 certification that I understand my obligation to	
	tion agrees to abide by the rules and regulations for the that all statements are truthful and are made under the
SIGN IN THE PRESENCE OF A NOTARY PUBLIC	
Signature of Applicant	Date
Signature of Notary Public	Date
Printed Notary Name	Date Commission Expires

# COURSEWORK REQUIREMENTS FORM

(For applicants who completed their degrees PRIOR to July 1, 1998)

# **REQUIRED COURSES**

Must have all three courses. Each course taken can only be used to fill one requirement.

Course Content Area	Corresponding Course Number on
	Transcript
Counseling Theory, Practice and	
Techniques	
Human Psychology, Development, Behavior	
and learning, and Personality Theory	
Psychopathology, Abnormal Psychology,	
Abnormal Behavior, Etiology, Dynamics,	
and Treatment of Abnormal Behavior	

### **ELECTIVE COURSES**

Must have six (6) of the following courses. Each course taken can only be used to fill one requirement.

Course Content Area	Corresponding Course Number on
	Transcript
Social and Cultural Foundations,	
Populations and Cultures	
Group Dynamics and Development	
Appraisal/Assessment/Crisis	
Intervention/DSMIIIR	
Research and Evaluation	
Professional Orientation Ethics/Legal	
Issues	
Psychopharmacology for Non-Medical	
Professions	
Addiction Disorders	
Marriage and Family/Human Sexuality and	
Lifestyle Choices	
Psychotherapeutic Techniques, Treatments	
and Modalities	
School Counseling/Career and Lifestyle	
Choices	

#### COURSEWORK REQUIREMENTS FORM

(For applicants who completed their degrees AFTER July 1, 1998)

Please review your transcript and specify the course number which corresponds to the course content area listed below.

#### REQUIRED COURSE AREAS

A minimum three-semester hour or four-quarter hour course must be taken in each of the ten areas. Each course can be used to fill only one requirement.

Course Content Area	Course Number on Transcript
Counseling Theory: theories of psychotherapy and counseling, theories of personality, treatment and prevention modalities	
Human Growth and Development: understanding the nature of human development	
Psychopathology: identification, diagnosis of and treatment planning for abnormal, deviant or psychopathological behavior	
Social and Cultural Foundations: issues and trends of a multicultural and diverse society	
Helping Relationships: counseling techniques, skills and procedures	
Group work: dynamics and processes	
Special Treatment Issues *	
Professional Orientation: ethical and legal issues in counseling	
Appraisal: psychological assessment and techniques	
Research and Evaluation	

#### **ELECTIVE AREAS**

Elective courses must include knowledge and skills in the practice of mental health counseling. Students should understand the scope of practice and learn the responsibilities in the clinical practice of mental health counseling.

Appropriate courses could include any of the special treatment issues listed above, as well as modalities for maintaining and terminating counseling and psychotherapy, psychopharmacology, consultation skills, outreach and prevention strategies, diagnosis and treatment issues, historical perspectives and multiple dimensions of mental health counseling, professional identity and practice issues, mental health regulations and policy, management of community programs. Similar related courses are also appropriate.

<sup>\*</sup> Special Treatment Issues: e.g. psychopharmacology, substance abuse, school and career issues, marriage and family treatment, sexuality and lifestyle choices, treating special populations.

Name:					
POST-MASTER'S CLINICA	L FIELD EXPER	IENCE			
List relevant mental health cour					T
Name/ Address of Facility Signature of Supervisor	Dates of Supervision	Hours of Experience	Hours of Clinical Experience	Individual Supervision (by this Supervisor)	Group Supervision (by this Supervisor)
	From:	a) Hrs/Week	a) Hrs/Week	Hrs/Week	Hrs/Week
			b) # of Weeks	# of Weeks	# of Weeks
	To:	b) # of Weeks	Total (a x b):	Total (a x b):	Total (a x b):
		Total (a x b):			
			Individual		
Minimum-		3,360	960 (250 max. may be group)	75 Minimum {Minimum tota	No Minimum al of 130 hours}
Has disciplinary action ever been Governmental authority (e.g. stat Third Party Insurance Carrier Professional Association or Orga	te licensing Board)	within the last ten years by a	ny of the following: <b>Yes No</b>		
I have 5 years of clinical mental l	health counseling ex	xperience			
The undersigned states, under the and that the undersigned is not a re			atements and the statements on t	he reverse side of this page	e are true and correct
Signature of Approved Supervisor	•		Date		

~ Turn Over ~

7 10/05/04

<u>Approved Supervisor</u>. An approved supervisor is a mental health practitioner who meets the qualifications listed under subcategory (a), (b), (c), (d), or (e); all of these approved supervisors must have five (5) years of full time or the equivalent part time postgraduate clinical mental health counseling experience.

- (a) LMHC; a currently licensed mental health counselor.
- (b) A CCMHC; a Certified Clinical Mental Health Counselor who holds a currently valid certificate.
- (c) a licensed mental health practitioner who:
  - 1. has a master's degree in social work and is licensed for independent clinical practice;
  - 2. has a master's degree in marriage and family therapy;
  - 3. has a doctoral degree in clinical, counseling or developmental psychology or a medical degree with a sub-specialization in psychiatry.
- (d) A licensed mental health practitioner who has:
- 1. a master's or doctoral degree in rehabilitation counseling, pastoral counseling, psychiatric nursing, developmental or educational psychology, or related fields;
- 2. successfully completed a Supervised Clinical Experience; and
- 3. achieved a passing score on the NCMHCE licensure examination.
- (e) An out of state supervisor who is a licensed mental health practitioner (in states that have licensure in their discipline) and who meets the qualifications for licensure for independent clinical practice in Massachusetts in his/her respective discipline.

MASSACHUSETTS SUPE	ERVISOR: Please 1	list which of the above describes your license.
		LICENSE/CERTIFICATE#
OUT OF STATE SUP	ERVISOR: Pleas	se attest that you meet the qualifications for individual clinical practice in Massachusetts by your signature below.
License #	State	Credential

List relevant mental health o	counseling experi	ience. Photocopy as n	ecessary.	h 1: 1 10 · ·	
Name/ Address of Facility Signature of Supervisor	Dates of Supervision	Hours of Experience	Hours of Clinical Experience	Individual Supervision (by this Supervisor)	Group Supervision (by this Supervisor)
	From:	Hrs/Week	a) Hrs/Week	Hrs/Week	Hrs/Week
		# of Weeks	b) # of Weeks	# of Weeks	# of Weeks
	То:	(a x b)	(a x b)	(a x b)	(a x b)
Minimum-	<u> </u>	600	240	15 Minimum {Minimum total o	15 Minimum f 45 hours}
Has disciplinary action ever bee Governmental authority (e.g. sta Third Party Insurance Carrier Professional Association or Org I meet the requirements of (f) or	ate licensing Board)	)	by any of the following: Ye	es No	
The undersigned states, under the and that the undersigned is not a	e pains and penaltie	es of perjury, that the abo	ve statements and the staten	ments on the reverse side of this	s page are true and correc
			·		

9 10/05/04

<u>Approved Supervisor</u>. An approved supervisor is a mental health practitioner who meets the qualifications listed under subcategory (a), (b), (c), (d), or (e); all of these approved supervisors must have five (5) years of full time or the equivalent part time postgraduate clinical mental health counseling experience.

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  - 2. successfully completed a Supervised Clinical Experience; and
  - 3. achieved a passing score on the NCMHCE licensure examination.
- (e) An out of state supervisor who is a licensed mental health practitioner (in states that have licensure in their discipline) and who meets the qualifications for licensure for independent clinical practice in Massachusetts in his/her respective discipline.
- (f) For the specific purpose of the college supervision (e.g. support seminars) of students in a practicum or internship, an approved supervisor may be a mental health practitioner who:
  - 1. holds a teaching or supervisory position in an educational institution which trains mental health counselors; and
  - 2. holds a graduate degree in mental health counseling or a related field.

Site supervisors for practica and internships must meet the qualifications for Approved Supervisor (a), (b), (c), (d), or (e).

MASSACHUSETTS SUPERVISOR: Please list which of the above describes your license.
LICENSE/CERTIFICATE #
OUT OF STATE SUPERVISOR: Please attest that you meet the qualifications for individual clinical practice in Massachusetts by your signature below.
License # State Credential

NAME:					
PRE-MASTER'S PRACTICU	M CLINICAL WO	ORK EXPERIENCE			
List relevant mental health co	unseling experien	ce. Photocopy as necess	sary.		
<ol> <li>Name/ Address of Facility</li> <li>Signature of Supervisor</li> </ol>	Dates of Supervision	Hours of Experience	Hours of Clinical Experience	Individual Supervision (by this Supervisor	Group Supervision (by this Supervisor
1.	From:	a) Hrs/Week	a) Hrs/Week		Hrs/Week
	То:	b) # of Weeks	b) # of Weeks	# of Weeks	# of Weeks
2.		(a x b)	(a x b)	(a x b)	(a x b)
Minimum-	•	100	40	10 Minimum {Minimum to	5 Minimum otal of 25 hours}
Has disciplinary action ever been Governmental authority (e.g. state Third Party Insurance Carrier Professional Association or Organ	e licensing Board)	ithin the last ten years by an	ny of the following: <b>Yes</b>	No	
I meet the requirements of (f) on	the reverse side of th	nis form			
The undersigned states, under the pand that the undersigned is not a re			tements and the statements	on the reverse side of this pa	ge are true and correct
Signature of Approved Supervisor			 Date		

~ Turn Over ~

<u>Approved Supervisor</u>. An approved supervisor is a mental health practitioner who meets the qualifications listed under subcategory (a), (b), (c), (d), or (e); all of these approved supervisors must have five (5) years of full time or the equivalent part time postgraduate clinical mental health counseling experience.

- (b) LMHC; a currently licensed mental health counselor.
- (b) A CCMHC; a Certified Clinical Mental Health Counselor who holds a currently valid certificate.
- (c) a licensed mental health practitioner who:
  - 1. has a master's degree in social work and is licensed for independent clinical practice;
  - 2. has a master's degree in marriage and family therapy;
  - 3. has a doctoral degree in clinical, counseling or developmental psychology or a medical degree with a sub-specialization in psychiatry.
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		LICENSE/CERTIFICATE #
OUT OF STATE SUP	PERVISOR: Ple	ease attest that you meet the qualifications for individual clinical practice in Massachusetts by your signature below.
License #	State	Credential